

# VICTORY EARLY LEARNING CENTER & VCS K3, K4 LUNCH MENU

**January, 2019**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Pasta with Meatballs	Chicken Teriyaki	Chicken Sandwich	Fish Taco	Pizza
WG Dinner Roll	Steamed Rice	WG Bun	WG Tortilla	Carrot Salad
Peas & Carrot Salad	Broccoli & Carrots	Lettuce & Tomato	Black Bean Salsa	Pineapple
Watermelon	Cantaloupe	Mango	Apple Slices	
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
BBQ Chicken	Beef Stroganoff	Chicken Nuggets	Fish Sandwich	Pizza
Cornbread	WG Dinner Roll	Steamed Rice	WG Bun	3-Bean Salad
Coleslaw	Green Beans	Snap Peas	Lettuce & Tomato	Pears
Watermelon	Cantaloupe	Mango	Apple Slices	
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
Cheese Tortellini	BBQ Beef Sandwich	Turkey & Cheese Sandwich	Fish Sticks	Pizza
WG Dinner Roll	WG Bun	WG Bread	Confetti Rice	Broccoli Salad
Steamed Broccoli	Green Beans	Green Pea Salad	Snap Peas	Peaches
Watermelon	Cantaloupe	Mango	Apple Slices	
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>
Macaroni & Cheese	Bean Burrito	Chicken Tenders	Baked Tilapia	Pizza
WG Dinner Roll	WG Tortilla	WG Bread	Steamed Rice	3-Bean Salad
Mixed Vegetables	Mexican Corn	Peas & Carrots	Broccoli w/ Cheese Sauce	Pineapple
Watermelon	Honeydew Melon	Mango	Apple Slices	
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
Sweet & Sour Chicken	Beef Taco	Chicken Sandwich	Fish Taco	Pizza
Steamed Rice	WG Tortilla	WG Bun	WG Tortilla	Carrot Salad
Snap Peas	Corn Ole	Lettuce & Tomato	Black Bean Salsa	Applesauce
Watermelon	Cantaloupe	Mango	Apple Slices	

## SNACK MENU

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
100 % Fruit Juice	Yogurt	100 % Fruit Juice	Banana	100 % Fruit Juice
Granola Bar	Muffin	Cereal	Muffin	Granola Bar
Cracker, Pretzels, or Goldfish	Banana	Cracker, Pretzels, or Goldfish	Yogurt	Cracker, Pretzels, or Goldfish
Cheese	Graham Cracker	Cheese	Animal Crackers	Cheese

## VCS K5-4th Grade LUNCH MENU

January, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
No School Professional Day	Beef Enchilada  Broccoli & Carrots Cantaloupe	Chick-fil-A Sandwich French Fries  Mango	Fish Taco  Black Bean Salsa Grapes	Pizza Carrot Salad Pineapple
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
BBQ Chicken Cornbread Coleslaw Watermelon	Beef Stroganoff WG Dinner Roll Green Beans Cantaloupe	Chick-fil-A Sandwich French Fries  Mango	Fish Sandwich  Lettuce & Tomato Apple Slices	Pizza 3-Bean Salad Grapes
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
MLK Day	Jambalaya Cornbread  Cantaloupe	Chick-fil-A Sandwich French Fries  Mango	Fish Sticks Steamed Rice Snap Peas Apple Slices	Pizza Broccoli Salad Grapes
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>
Macaroni & Cheese WG Dinner Roll Mixed Vegetables Watermelon	Winter Stew WG Dinner Roll  Honeydew Melon	Chick-fil-A Sandwich French Fries  Mango	Baked Tilapia Steamed Rice Broccoli w/ Cheese Sauce Apple Slices	Pizza 3-Bean Salad Pineapple
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
Sweet & Sour Chicken Steamed Rice Snap Peas Watermelon	Beef Taco  Corn Ole Cantaloupe	Chick-fil-A Sandwich French Fries  Mango	Fish Taco  Black Bean Salsa Apple Slices	Pizza Carrot Salad Grapes

## VCS 5th-12th Grade LUNCH MENU

**January, 2019**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
No School Professional Day	Beef Enchilada	Chick-fil-A Sandwich	Fish Taco	Pizza
		French Fries		Carrot Salad
	Broccoli & Carrots		Black Bean Salsa	Pineapple
	Cantaloupe	Mango	Grapes	
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
BBQ Chicken	Beef Stroganoff	Chick-fil-A Sandwich	Battered Cod Sandwich	Pizza
Cornbread	Garlic Breadsticks	French Fries		3-Bean Salad
Coleslaw	Green Beans		Lettuce & Tomato	
Watermelon	Cantaloupe	Mango	Apple Slices	Grapes
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
MLK Day	Jambalaya	Chick-fil-A Sandwich	Fish Sticks	Pizza
	Cornbread	French Fries	Steamed Rice	Broccoli Salad
			Snap Peas	Grapes
	Cantaloupe	Mango	Apple Slices	
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>
Macaroni & Cheese	Winter Stew	Chick-fil-A Sandwich	Baked Tilapia	Pizza
	WG Dinner Roll	French Fries	Steamed Rice	3-Bean Salad
Steamed Broccoli & Peppers			Broccoli w/ Cheese Sauce	Pineapple
Watermelon	Honeydew Melon	Mango	Apple Slices	
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
Sweet & Sour Chicken	Beef Fajita	Chick-fil-A Sandwich	Fish Taco	Pizza
Steamed Rice	Onions and Peppers	French Fries		Carrot Salad
Snap Peas			Black Bean Salsa	Grapes
Watermelon	Cantaloupe	Mango	Apple Slices	